

Kinship Caregivers Connect Virtual Support Group







Some topics covered:

Custody and other legal issues

Positive Parenting strategies

Self- care practices

Childhood trauma and mental health

Weekly online meetings Tuesdays 11:30am - 12:30pm

Thursdays 6:30pm - 7:30pm

Interested? Contact Angela at: angela@kinshipcaregiversconnect.com 203-466-9821 visit <u>kinshipcaregiversconnect.com</u>

